

DOCUMENT

Name and surname	Mgr. Juraj Holdoš, Philosophiae doctor
Document type:	Research/art/teacher profile of a person
The name of the university	Catholic University in Ružomberok
The seat of the university	Hrabovská cesta 1A, 034 01 Ružomberok
The name of the faculty	Faculty of Arts and Letters
The seat of the faculty	Hrabovská cesta 1B, 034 01 Ružomberok

I. - Basic information

I.1 - Surname

Holdoš

I.2 - Name

Juraj

I.3 - Degrees

doc. Mgr. PhD.

I.4 - Year of birth

1980

I.5 - Name of the workplace

Faculty of Arts and Letters, Catholic University in Ružomberok

I.6 - Address of the workplace

Hrabovská cesta 1B, Ružomberok 034 01

I.7 - Position

Associate Professor (from 01.06.2022)

I.8 - E-mail address

juraj.holdos@ku.sk

I.9 - Hyperlink to the entry of a person in the Register of university staff

<https://www.portalvs.sk/regzam/detail/7857>

I.10 - Name of the study field in which a person works at the university

psychology

I.11 - ORCID iD

<http://orcid.org/0000-0001-5789-2896>

II. - Higher education and further qualification growth

II.4 - Associate professor

II.a - Name of the university or institution

Faculty of Philosophy and Art, Trnava University

II.b - Year

2023

II.c - Study field and programme

Psychology

II.5 - Professor

II.6 - Doctor of Science (DrSc.)

III. - Current and previous employment

III.a - Occupation-position	III.b - Institution	III.c - Duration
university teacher - assistant professor	Faculty of Arts and Letters, Catholic University in Ruzomberok	1.10.2007 - 30.05.2022
External teacher at the secondary medical school	Secondary School of Health M.T. Scherers in Ružomberok	01.09.2005–30.06.2007
Independent adviser, in the department of professional consultancy services	ÚPSVaR	01.07.2004–30.09.2004
University teacher - Associate Professor	Faculty of Arts and Letters, Catholic University in Ruzomberok	01.06.2022 - present

IV. - Development of pedagogical, professional, language, digital and other skills

IV.a - Activity description, course name, other	IV.b - Name of the institution	IV.c - Year
An educational program focused on the topics of organization, management and fundraising; An Executive Program for Catholic Leadership	University of Notre Dame, USA	2019
Accredited therapist in biofeedback and neurofeedback	ABC Institute for training in cognitive-behavioral therapy, Liptovský Mikuláš, Slovakia	2013
Long-term training in cognitive-behavioral psychotherapy	ABC Institute for training in cognitive-behavioral therapy, Liptovský Mikuláš, Slovakia	2009
Graduate of an accredited clinical hypnosis and relaxation course	Prešov	2003

V. - Overview of activities within the teaching career at the university

V.1 - Overview of the profile courses taught in the current academic year according to study programmes

V.1.a - Name of the profile course	V.1.b - Study programme	V.1.c - Degree	V.1.d - Field of study
General psychology 1	psychology	I.	psychology
History of psychology	psychology	I.	psychology
Social psychology I.	psychology	I.	psychology
Basics of psychotherapy	psychology	II.	psychology
Current trends in social psychology	psychology	II.	psychology
General psychology 2	psychology	I.	psychology
Social psychology II.	psychology	I.	psychology

V.4 - Overview of supervised final theses

V.4.1 - Number of currently supervised theses

V.4.a - Bachelor's (first degree)

6

V.4.b - Diploma (second degree)

2

V.4.2 - Number of defended theses

V.4.a - Bachelor's (first degree)

45

V.4.b - Diploma (second degree)

30

VI. - Overview of the research/artistic/other outputs

VI.1 - Overview of the research/artistic/other outputs and the corresponding citations

VI.1.1 - Number of the research/artistic/other outputs

VI.1.a - Overall

88

VI.1.b - Over the last six years

34

VI.1.2 - Number of the research/artistic/other outputs registered in the Web of Science or Scopus databases

VI.1.a - Overall

6

VI.1.b - Over the last six years

5

VI.1.3 - Number of citations corresponding to the research/artistic/other outputs

VI.1.a - Overall

66

VI.1.b - Over the last six years

47

VI.1.4 - Number of citations registered in the Web of Science or Scopus databases

VI.1.a - Overall

20

VI.1.b - Over the last six years

20

VI.1.5 - Number of invited lectures at the international, national level

VI.1.a - Overall

30

VI.1.b - Over the last six years

11

VI.2 - The most significant research/artistic/other outputs

1.
ADC Holdoš, J. (2017). Type D personality in the prediction of internet addiction in the young adult population of Slovak Internet users. *Current Psychology*, 36(4), 861-868.
2.
ADD Błachnio, A., Przepiórka, A., Wołośńciej, M., Mahmoud, A. B., Holdoš, J., & Yafi, E. (2018). Loneliness, friendship, and Facebook intrusion. A study in Poland, Slovakia, Syria, Malaysia, and Ecuador. *Studia Psychologica*, 60(3), 183-194.
3.
ADE Almašiová, A., Šavrnichová, M., Barták, M., Holdoš, J., Vaska, L., Hudecová, A. (2019). Excessive use of the internet and playing computer games in socially excluded Slovak communities. *Adiktologie*, 19(4), pp. 169-177
4.
AAB Šavrnichová, M., Holdoš, J., Almašiová, A., (2020). Excesívne používanie internetu u adolescentov na Slovensku. *Belanium*
5.
ABD Holdoš, J. (2019). Excesívne používanie internetu u detí In P. Izrael, J. Holdoš (Eds.), *Digitálne detstvo* (s. 123 – 156). VERBUM - vydavateľstvo KU.

VI.3 - The most significant research/artistic/other outputs over the last six years

1.
ADD Błachnio A, Przepiórka A, Gorbaniuk O, McNeill M, Bendayan R, Durak M, Senol-Durak E, Ben-Ezra M, Benvenuti M, Angeluci A, Abreu AM, Makita M, Blanca MJ, Brkljacic T, Babic N C, Gorbaniuk J, Holdoš J, Ivanova A, Malik S, Milanovic A, Musil B, Pantic I, Rando B, Seidman G, D'Souza L, Vanden Abeele MMP, Wołośńciej M, Wu AMS, Yu S and Mazzoni E (2021) Country Indicators Moderating the Relationship Between Phubbing and Psychological Distress: A Study in 20 Countries. *Front. Psychol.* 12:588174. doi: 10.3389/fpsyg.2021.588174
2.
ADD Błachnio, A., Przepiórka, A., Wołośńciej, M., Mahmoud, A. B., Holdoš, J., & Yafi, E. (2018). Loneliness, friendship, and Facebook intrusion. A study in Poland, Slovakia, Syria, Malaysia, and Ecuador. *Studia Psychologica*, 60(3), 183-194.

3.
ADE Almašiová, A., Šavrnchová, M., Barták, M., Holdos, J., Vaska, L., Hudecová, A. (2019). Excessive use of the internet and playing computer games in socially excluded Slovak communities. *Adiktologie*, 19(4), pp. 169-177
4.
AAB Šavrnchová, M., Holdoš, J., Almášiová, A., (2020). Excesívne používanie internetu u adolescentov na Slovensku. *Belanium*
5.
V1 Holdoš, J., Izrael, P., Almasiová, A., & Kohútová, K. (2022). Prežívanie a správanie detí a mládeže na Slovensku počas pandémie. Ružomberok: Verbum - Vydavateľstvo KU, s. 239

VI.4 - The most significant citations corresponding to the research/artistic/other outputs

1.
ADC Holdoš, J. (2017). Type D personality in the prediction of internet addiction in the young adult population of Slovak Internet users. *Current Psychology*, 36(4), 861-868. 2019 [1] Su, W., Han, X., Jin, C., Yan, Y., & Potenza, M. N. (2019). Are males more likely to be addicted to the internet than females? A meta-analysis involving 34 global jurisdictions. *Computers in Human Behavior*, 99, 86-100. tate the output and the corresponding citation.
2.
ADC Holdoš, J. (2017). Type D personality in the prediction of internet addiction in the young adult population of Slovak Internet users. *Current Psychology*, 36(4), 861-868. 2017 [1] Błachnio, A., Przepiorka, A., & Czuczwar, S. J. (2017). Type D personality, stress coping strategies and self-efficacy as predictors of Facebook intrusion. *Psychiatry research*, 253, 33-37.
3.
ADC Holdoš, J. (2017). Type D personality in the prediction of internet addiction in the young adult population of Slovak Internet users. *Current Psychology*, 36(4), 861-868. 2018 [1] Roos, J. M., & Kazemi, A. (2018). Personality traits and Internet usage across generation cohorts: Insights from a nationally representative study. *Current Psychology*, 1-11.
4.
ADC Holdoš, J. (2017). Type D personality in the prediction of internet addiction in the young adult population of Slovak Internet users. *Current Psychology*, 36(4), 861-868. 2020 [1] Marciano, L., Camerini, A.-L., & Schulz, P. J. (2020). Neuroticism in the digital age: A meta-analysis. *Computers in Human Behavior Reports*, 2, 100026. doi:10.1016/j.chbr.2020.100026
5.
ADC Holdoš, J. (2017). Type D personality in the prediction of internet addiction in the young adult population of Slovak Internet users. *Current Psychology*, 36(4), 861-868. 2019 [1] Nie, J., Li, W., Wang, P., Wang, X., Wang, Y., & Lei, L. (2019). Adolescent type D personality and social networking sites addiction: A moderated mediation model of restorative outcomes and affective relationships. *Psychiatry research*, 271, 96-104.

VI.5 - Participation in conducting (leading) the most important research projects or art projects over the last six years

1.
Member of the EU Kids Online Slovakia research team. Within this project, FF KU is the coordinator for the Slovak Republic and the official partner of the Ministry of Labour, Social Affairs and Family of the Slovak Republic in the national project ITMS2014+:312041M679, Support for the protection of children from violence. Link to the project and outputs: EUKO.KU.SK

2.
Deputy head of the Vega grant: 1/0638/17 Media habits and competences of children in early childhood and younger school age
3.
Vega Grant Leader: 1/0087/13 Internet Addiction and Type D Personality (Social Inhibition and Negative Affectivity in the Context of Problematic Internet Use in a University Student Population)
4.
Organization of the scientific conference: Digital childhood (November 6, 2019), Ružomberok
5.
Organization of scientific professional meetings with graduates of the psychology department at FFKU, including the publication of peer-reviewed conference proceedings: Allumni I (6.2.2015), Allumni II (3.2.2017), Ružomberok
6.
Organization of the scientific conference: Safety of children in the digital space. 7/2/2023. Ružomberok

VII. - Overview of organizational experience related to higher education and research/artistic/other activities

VII.a - Activity, position	VII.b - Name of the institution, board	VII.c - Duration
member of the academic senate	Faculty of Arts and Letters, Catholic University in Ružomberok	2014-2018
member	Slovak Society for Cognitive-Behavioral Therapy	2009 - present
member (co-coordinator for Slovakia)	EU Kids Online Network	2016 - present
a representative of the Catholic University in the role of an expert	Ministry of Labour, Social Affairs and Family in the project Supporting the protection of children from violence and in the working group for the establishment of the Helpline.	2017-present

VIII. - Overview of international mobilities and visits oriented on education and research/artistic/other activities in the given field of study

VIII.a - Name of the institution	VIII.b - Address of the institution	VIII.c - Duration (indicate the duration of stay)	VIII.d - Mobility scheme, employment contract, other (describe)
University of Notre Dame	Notre Dame, IN 46556, USA	10.7 - 22.7.2019	An educational program focused on the topics of organization, management and fundraising; An Executive Program for Catholic Leadership University of Notre Dame
Prague University of Psychosocial Studies	Praha, Česká republika	15.5-17.5.2019	Erasmus + teaching, Main topic: Psychology of the Internet
Erasmus + teaching: Palacký University in Olomouc, Czech Republic	Olomouc , Česká republika	4.7.-7.4.2017	Main topic: Internet Addiction, a specialized series of lectures for doctoral students in psychology at the Faculty of Philosophy Erasmus + teaching: Palacký University in Olomouc, Czech Republic 4.7.- 7.4.2017, Main topic: Internet Addiction, a specialized series of lectures for doctoral students in psychology at the Faculty of Arts
Nottingham Trent University	Nottingham, Anglicko	12.2. - 26.2. 2013	Research stay with prof. Mark Griffiths
University of Wroclaw	Wroclaw, Poľsko	22.5. - 26.5.2012	Erasmus course, main topic: The Era of Social Networks and the Online Disinhibition Effect
University of Central Lancashire	Preston, Anglicko	4 -5. 2008	Within the Doctus 2008 grant program. Project title: The relationship between Internet use and personality characteristics of Internet users

IX. - Other relevant facts

IX.a - If relevant, other activities related to higher education or research/artistic/other activities are mentioned

Reviews for Impacted journals: Current psychology, Studia psychologica.

Reviews for the scientific journals E-Mental, Child Psychology and Pathopsychology.

Testimonials for grant schemes: Vega, Kega.

Oponet of dissertations at: Faculty of Social Studies, Masarik University, Czech Republic, Faculty of Arts, KU in Ružomberok.

Date of last update

23.05.2023