

COURSE INFORMATION SHEET

University: Catholic University in Ružomberok	
Faculty: Faculty of Health	
Course code: KFYZIO/54F1024W/17	Course title: Clinical Practice 1
Type and range of planned learning activities and teaching methods: Form of instruction: Seminar Recommended study range: hours weekly: hours per semester: 96s Teaching method: on-site (distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)	
Credits: 2	
Recommended semester/trimester: 2.	
Level of study: I.	
Prerequisites:	
Requirements for passing the course: Prerequisites: Continuous professional experience 1 Conditions for passing the course: During the semester: 100% participation in exercises Final evaluation: practical skills and theoretical knowledge that the student has in clinical exercises Course evaluation: A – 100%-93% B – 92%-85% C – 84%-77% D – 76%-69% E – 68%-60% FX – 59%- 0%	
Learning outcomes of the course: Objective of the course: Practically master physiotherapeutic diagnostics in clinical conditions. To learn to provide the patient with basic nursing care, to be able to identify patients' problems, to be able to satisfy the biological and psychosocial problems of patients. Theoretical knowledge: The student has knowledge of basic nursing care and basic physiotherapeutic examination. Practical skills: The student applies the acquired skills in nursing care within the competence of a physiotherapist and performs basic physiotherapeutic examinations.	
Course contents: 1. Nursing: Basic nursing care for the sick. Hygienic care, positioning of patients, prevention of pressure ulcers. Emptying. Bed care. Handling with the patient. Dressing technique. Serving food. Monitoring, measuring and recording physiological functions. Work with central oxygen distribution. Attendance at the visit. Principles of drug application. 2. Physiotherapy:	

Practical application of balneo-, thermo-, mechano- and hydrotherapeutic procedures. Practical application of classical massage sets in prevention and therapy. Measurement of body height and weight. Examination and measurement of ranges of mobility in the joints of the limbs using a goniometer. Examination and measurement of the range of motion of the spine by a measuring tape. Record keeping of joint mobility by SFTR method. Anthropometric measurement of the torso, limbs and their subsequent recording. Practical implementation of forms of passive and active movement with limb fixation and guidance.

Recommended or required literature:

1. GÚTH, A. a kol.: Vyšetrovacie metodiky v rehabilitácii pre fyzioterapeutov, LIEČREH GÚTH, Bratislava. 2006.
2. GÚTH, A. a kol.: Liečebné metodiky v rehabilitácii pre fyzioterapeutov, LIEČREH GÚTH, BRATISLAVA. 2006.
3. JANDA, V. : Svalové funkční testy, Grada Publishing, Praha 2004
4. KOLÁŘ, P. : Rehabilitace v klinické praxi, Galen, Praha 2010.

Language of instruction:

Slovak language

Notes:

The subject is taught only in the summer semester and is evaluated only in the relevant examination period of the summer semester of the academic year.

Course evaluation:

Assessed students in total: 105

A	B	C	D	E	FX
63.81	31.43	2.86	0.0	1.9	0.0

Name of lecturer(s): doc. PhDr. Zuzana Hudáková, PhD., Mgr. Ivana Aštaryová, PhD.

Last modification: 25.11.2020

Supervisor(s): doc. PhDr. Zuzana Hudáková, PhD.