

COURSE INFORMATION SHEET

University: Catholic University in Ružomberok	
Faculty: Faculty of Health	
Course code: KFYZIO/54F1025W/17	Course title: Continuous Professional Practice 2
Type and range of planned learning activities and teaching methods: Form of instruction: Seminar Recommended study range: hours weekly: hours per semester: 120s Teaching method: on-site (distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)	
Credits: 2	
Recommended semester/trimester: 2.	
Level of study: I.	
Prerequisites: KFYZIO/54F2009W/17	
Requirements for passing the course: Prerequisites: clinical exercises 1, Clinical practice 1 Conditions for passing the course: During the semester: regular participation in exercises Final evaluation: practical skills in exercises A - 100% -93% B - 92% -85% C - 84% -77% D - 76% -69% E - 68% -60% FX - 59% - 0%	
Learning outcomes of the course: Aim of the course: Gaining practice skills in basic diagnosis methods in physiotherapy and procedures of movement therapy. Theoretical knowledge: The student has knowledge of basic methods of diagnostics and procedures of movement therapy. He gains knowledge in compiling a medical rehabilitation plan. Students gain professional communication skills with patient. In the end of course student will write the case report of a patient with an examination and rehabilitation plan and program. Practical skills: The student applies a medical rehabilitation plan and uses professional communication with the patient. He shows assertive and empathic behavior.	
Course contents: Course contents: 1. Nursing Basic nursing care for the sick. Hygienic care, positioning of patients, prevention of pressure ulcers. Manipulation with patient. Dressing technique. Monitoring, measurement and recording of	

physiological functions. Work with central oxygen distribution. Attendance at the visit. Principles of drug application.

2. Physiotherapy

Practical application of classical massage. Practical application of balneo-, thermo- and hydrotherapeutic procedures. Examination and measurement of ranges of movement in the joints of the limbs and spine. SFTR recording. Measurement of body height and weight, torso and limbs. Examination and evaluation of hypermobility, examination of shortened muscle groups, testing of muscle group weakness, muscle test techniques according to Janda, record keeping and documentation. Relaxation. Positioning. Passive exercises, fixation and guidance of movement, active and active assisted movement, strengthening and relaxation exercises, methods of postisometric and antigravity relaxation. Fitness group and individual exercise.

Recommended or required literature:

Language of instruction:

Notes:
The course is taught only in the summer semester and is evaluated only in the relevant examination period of the summer semester of the academic year.

Course evaluation:
Assessed students in total: 105

A	B	C	D	E	FX
86.67	6.67	2.86	0.95	0.95	1.9

Name of lecturer(s): doc. PhDr. Zuzana Hudáková, PhD., Mgr. Marina Potašová, PhD.

Last modification: 01.12.2020

Supervisor(s): doc. PhDr. Zuzana Hudáková, PhD.