

COURSE INFORMATION SHEET

University: Catholic University in Ružomberok	
Faculty: Faculty of Health	
Course code: KFYZIO/54F1040W/17	Course title: Clinical Practice 2
Type and range of planned learning activities and teaching methods: Form of instruction: Seminar Recommended study range: hours weekly: hours per semester: 192s Teaching method: on-site (distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)	
Credits: 3	
Recommended semester/trimester: 3.	
Level of study: I.	
Prerequisites: KFYZIO/54F1024W/17	
Requirements for passing the course: Prerequisites: Clinical exercises 1 Conditions for passing the course: During the semester: 100% participation in exercises Final evaluation: practical skills and theoretical knowledge that the student has in clinical exercises Course evaluation: A – 100%-93% B – 92%-85% C – 84%-77% D – 76%-69% E – 68%-60% FX – 59%- 0%	
Learning outcomes of the course: Objective of the course: Gaining skills in practice in basic methods of diagnosis and procedures of movement therapy. Theoretical knowledge: The student has knowledge of basic methods of diagnosis and procedures of movement therapy. It gains erudition in compiling a medical rehabilitation plan and using professional communication. Practical skills: The student applies a medical rehabilitation plan and uses professional communication with the patient, showing assertive and empathic behavior.	
Course contents: 1. Physiotherapeutical diagnostics in clinical practice. - examination and measurement of ranges of mobility in the joints, recording by SFTR method, - examination and evaluation of hypermobility, examination and evaluation of shortened muscle groups, - muscle group weakness testing, use of the Janda Muscle Test - examination of posture, gait and hand grip - record keeping and documentation.	

2. Methods of kinesiotherapy in clinical practice.
- fitness group and individual exercise,
 - relaxation, positioning, strengthening exercises, relaxation and mobilization methods, automation exercises,
 - use of aids,
 - reeducation of posture in various postural positions,
 - walking training, walking with aids

Recommended or required literature:

1. GÚTH, A. a kol.: Vyšetrovacie metodiky v rehabilitácii pre fyzioterapeutov, LIEČREH GÚTH, Bratislava. 2006.
2. GÚTH, A. a kol.: Liečebné metodiky v rehabilitácii pre fyzioterapeutov, LIEČREH GÚTH, Bratislava. 2006.
3. JANDA, V: Svalové funkční testy, Grada Publishing, Praha 2004
4. KOLÁŘ, P.: Rehabilitace v klinické praxi, Galen, Praha 2010.

Language of instruction:

Slovak language

Notes:

The subject is taught only in the winter semester and is evaluated only in the relevant examination period of the winter semester of the academic year.

Course evaluation:

Assessed students in total: 127

A	B	C	D	E	FX
66.14	24.41	4.72	0.0	2.36	2.36

Name of lecturer(s): doc. PhDr. Zuzana Hudáková, PhD., Mgr. Ivana Aštaryová, PhD.

Last modification: 25.11.2020

Supervisor(s): doc. PhDr. Zuzana Hudáková, PhD.