

COURSE INFORMATION SHEET

University: Catholic University in Ružomberok	
Faculty: Faculty of Health	
Course code: KOSE/54O1046W/17	Course title: Gerontological Nursing
Type and range of planned learning activities and teaching methods: Form of instruction: Lecture / Seminar Recommended study range: hours weekly: 2 / 1 hours per semester: 24 / 12 Teaching method: on-site (distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)	
Credits: 4	
Recommended semester/trimester: 5.	
Level of study: I.	
Prerequisites:	
Requirements for passing the course: During the semester: student must actively participate in exercises, solve tasks and prepared case studies, which are based on the syllabus. Each task is graded, for evaluation A, B student get 2 points, for C, D-1 point and for E-0 points. Student who has obtained at least 20 points from the exercises can take part in the exam At the final oral exam, the student can get max. 60 points. The final evaluation will be based on the total number of points obtained from the active participation in the exercises, solving the assigned tasks and the oral exam.	
Learning outcomes of the course: Course objective: to acquire basic terminology in gerontology and gerontological nursing. To be able to define the specifics of care for the elderly and geriatric patient, to define geriatric syndromes and the method of care as well as the peculiarities of diseases in old age. Theoretical knowledge: students define basic terms in gerontological and geriatric nursing. They can describe the basic particularities of the implementation of the nursing process in geriatrics. They can manage principles of the educational process in seniors. Practical skills: students are able to draw up a nursing care plan for various diagnoses and problems of senior / geriatric patient. They implement primary, secondary and tertiary prevention in the elderly. They prepare and implement education for seniors, family members or caregivers.	
Course contents: 1. Basic terms and starting points in gerontological nursing. 2. History of gerontological nursing, professional and non-professional care of elderly people. 3. Prevention in old age: primary, secondary, tertiary, and the role of nurses. 4. Management of nursing care for the elderly. 5. Community care for the elderly. Peculiarities of nursing care in the senior home environment 6. Nursing care for the elderly in social services facilities. 7. Education and counselling in geriatrics. Specifics of the educational process in seniors. 8. Peculiarities of satisfying the needs of seniors. 9. Nursing care of a geriatric patient, nursing care plan. 10. Nursing care plan for a senior with geriatric syndromes.	

11. Nursing care plan for a senior with a disease of the cardiovascular system.
12. Nursing care plan for a senior with a disease of the respiratory system.
13. Nursing care plan for a senior with a disease of the digestive system.
14. Nursing care plan for a senior with kidney and urinary tract disease.
15. Nursing care plan for a senior with a neurological disease.
16. Nursing care plan for a senior with musculoskeletal disorders, rheumatic diseases.
17. Nursing care plan for a senior with a psychiatric illness.
18. Nursing care plan for a senior with metabolic diseases.
19. Nursing care plan for a senior with endocrine diseases.
20. Nursing care plan for a senior with an infectious disease.
21. Nursing care plan for a senior with skin disease.
22. Nursing care plan for a senior with sensory organ disease - eyes, ears.
23. Nursing care plan for a senior with cancer.
24. Nursing care plan for a senior in the terminal stage of the disease.

Recommended or required literature:

- HEGYI, L a kol. Sociálna gerontológia. Bratislava: Herba, 2012. 176 p.
- HEGYI, L., KRAJČÍK, Š. Geriatria. Bratislava: Herba, 2010. 608 p.
- KALVACH, Z. a kol. Geriatrické syndrómy a geriatrický pacient. Praha: Grada, 2008. 336 p.
- KAMANOVA, I. Človek vo vyššom veku v podmienkach Slovenskej republiky. Kraków: Salwator, 2013. 207 p.
- KLEVETOVÁ, D. Motivační prvky při práci se seniormi. Praha: Grada, 2017. 224 p.
- KUCKIR, M., VAŇKOVÁ, H. Vybrané oblasti a nástroje funkčního geriatrického hodnocení. Praha: Grada, 2017. 96 p.
- MALÍKOVÁ, E. Péče o seniory v pobytových sociálních zařízeních. Praha: Grada, 2011. 328 p.
- NÉMETH, F. a kol. Geriatria a geriatrické ošetrovatelstvo. Martin: Osveta, 2009. 194 p.
- ODLEROVÁ, A., TOKOVSKÁ, M. Starostlivosť o seniorov v kontexte sociálnej práce. Banská Bystrica: Občianske združenie Rieka života, 2011. 165 p.
- POKORNÁ, A. Komunikace se seniormi. Praha: Grada, 2010. 160 p.
- POKORNÁ, A. Ošetrovatelství v geriatрии. Praha: Grada, 2013. 193 p.
- POLEDNÍKOVÁ, L. a kol. Geriatrické a gerontologické ošetrovatelstvo. Martin: Osveta, 2006, 216 p.
- SCHULER, M., OSTER, P. Geriatrie od A do Z pro sestry. Praha: Grada, 2010. 336 p.
- ZRUBÁKOVÁ, K., KRAJČÍK, Š. a kol. Farmakoterapie v geriatрии. Praha: Grada, 2016. 224 p.

Language of instruction:

Slovak language

Notes:

The course is taught only in the winter semester and it is evaluated only in the relevant examination period of the winter semester of the academic year.

Course evaluation:

Assessed students in total: 240

A	B	C	D	E	FX
32.92	37.08	21.25	7.92	0.42	0.42

Name of lecturer(s): PhDr. Katarína Zrubáková, PhD.

Last modification: 04.12.2020

Supervisor(s): doc. PhDr. Mgr. Helena Kadučáková, PhD.