

COURSE INFORMATION SHEET

University: Catholic University in Ružomberok	
Faculty: Faculty of Health	
Course code: KRAT/54T1008W/15	Course title: First Aid
Type and range of planned learning activities and teaching methods: Form of instruction: Lecture / Seminar Recommended study range: hours weekly: 1 / 1 hours per semester: 12 / 12 Teaching method: on-site (distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)	
Credits: 2	
Recommended semester/trimester: 1.	
Level of study: I.	
Prerequisites:	
Requirements for passing the course: During semester: During semester there will be a written test in exercises, the student can gain 40 pts maximum. To participate in the exam, it is necessary to gain at least 20 pts from test. In the final exam, the student can gain 60 pts maximum. Final evaluation: The final evaluation will be based on the total points gained from test and oral exam. The subject evaluation: A – 100 % - 93 % B – 92 % - 85 % C – 84 % - 77 % D – 76 % - 69 % E – 68 % - 61 % FX – 60 % - 0 %	
Learning outcomes of the course: To analyse system, organisation, law aspects of the first aid, to know the general principles of the first aid and to develop professional knowledge and skills of the students of the study programme and to use the modern methods of work in this field. Theoretical knowledge: The student has a knowledge of the urgent medicine, masters cardiopulmonary resuscitation, is able to orientate oneself in providing of the first aid and in case of the other acute conditions. Practical skills: to master procedures, the algorithm of the first aid in the sudden states and special situations. To know the law aspects, system and organisation of the first aid.	
Course contents: 1. The introduction of the subject, the basic terms of the first aid. 2. Pre-hospital urgent healthcare. 3. The system, organisation, law aspects, and general principles of the first aid. 4. The organisation, technique and protocols of the first aid in case of the mass accidents and special situations (material equipment and show). 5. History, phases, grades and procedures of urgent cardiopulmocerebral resuscitation.	

6. Algorithms of the urgent resuscitation of adults and children.
7. The first aid in case of sudden states and training of first aid providing.
8. The first aid in the gynecology and obstetrics.
9. The complications in the CPR.
10. Ethic problems in the resuscitations.
11. The most common types of poisoning and the first aid in these cases.
12. The antidote and tools.

Recommended or required literature:

1. BYDŽOVSKÝ J. Predlekárska prvni pomoc. Praha : Grada Publishing, 2011.
2. KELNAROVÁ J. et al. První pomoc I. Praha : Grada, 2012.
3. KELNAROVÁ J. et al. První pomoc II. Praha : Grada, 2013.
4. LEJSEK J. et al. První pomoc. Praha : Karolinum, 2013.

Language of instruction:

Slovak language

Notes:

Course evaluation:

Assessed students in total: 183

A	B	C	D	E	FX
54.64	28.96	10.93	4.37	0.55	0.55

Name of lecturer(s): Ing. Bc. Michal Sekerák

Last modification: 30.11.2020

Supervisor(s): doc. MUDr. Pavol Dubinský, PhD., prof. MUDr. Anton Lacko, CSc.