

COURSE INFORMATION SHEET

University: Catholic University in Ružomberok	
Faculty: Faculty of Arts and Letters	
Course code: KPSF/Pj-M011B/22	Course title: Psychotherapy and movies
Type and range of planned learning activities and teaching methods: Form of instruction: Seminar Recommended study range: hours weekly: 2 hours per semester: 26 Teaching method: on-site	
Credits: 4	Working load: 100 hours
Recommended semester/trimester: 2.	
Level of study: II.	
Prerequisites:	
Requirements for passing the course: a) Active participation during seminars in the form of discussions to individual and group presentations (10% of the total evaluation). b) Translation of a scientific article on psychotherapy from English language to Slovak language (20% of the total evaluation). c) Seminar paper on the depiction of psychotherapy in the movie or TV series (25% of the total evaluation). d) Individual presentation of a movie or TV series depicting the selected psychotherapeutic approach (25% of the total evaluation). e) Group presentation of a movie or TV series depicting the selected psychotherapeutic approach (20% of the total evaluation).	
Learning outcomes of the course: Knowledge: Students have theoretical knowledge in the field of psychotherapy, they know the basic psychotherapeutic approaches. They have knowledge of how selected psychotherapeutic approaches are presented in movies and television series. They demonstrate knowledge of the English language with regard to the need to work with scientific sources in the English language. Verification method – seminar paper (min. 15 out of 25 points), individual presentation (min. 15 out of 25 points), group presentation (min. 12 out of 20 points), translation of a scientific article (min. 12 out of 20 points). Skills: Students are able to analyse movies and television series depicting different psychotherapeutic approaches. They are able to compare the depiction of psychotherapeutic approaches in the movie with the real course of psychotherapy. Verification method – seminar paper (min. 15 out of 25 points), individual presentation (min. 15 out of 25 points), group presentation (min. 12 out of 20 points). Competences: Students are able to work effectively as individuals, as well as team members. They can discuss with a high degree of creativity and professional competence. Verification method – individual presentation (min. 15 out of 25 points), group presentation (min. 12 out of 20 points), activity at seminars in the form of discussions (min. 6 out of 10 points).	
Course contents:	

1. Good Will Hunting I. (Movie). 2. Good Will Hunting II. (Movie). 3. Dangerous method I. (Movie). 4. Dangerous method II. (Movie). 5. Patch Adams I. (Movie). 6. Patch Adams II. (Movie). 7. One flew over the cuckoo`s nest I. (Movie). 8. One flew over the cuckoo`s nest II. (Movie). 9. In treatment (TV Series). 10. Atypical (TV Series). 11. Chance (TV Series). 12. reasons why (TV Series). 13. Discussion on the covered topics.

Recommended or required literature:

Hoffman, S. G., Weinberger, J. (2007). The art and science of psychotherapy. Routledge.
McGinn, C. (2007). The Power of Movies (How Screen and Mind Interact). Vintage Books.
Niemec, R. M., Wedding, D. (2008). Positive psychology at the movies: Using films to build virtues and character strenghts. Hogrefe.
Shimamura, A. P. (2013). Psychocinematics (Exploring Cognition at the Movies). Oxford University Press.
Wedding, D., Boyd, M. A., Niemec, R. M. (2010). Movies and Mental Illness. Hogrefe.
Young, S. D. (2012). Psychology at the Movies. Wiley-Blackwell.
Scientific articles on psychotherapy and psychotherapy at the movies and TV series.
www.psychmovies.com

Language of instruction:

English language, Slovak language

Notes:

The capacity of the course is limited to 25 students.

Course evaluation:

Assessed students in total: 23

A	B	C	D	E	FX
34.78	43.48	17.39	4.35	0.0	0.0

Name of lecturer(s): Mgr. Róbert Ďurka, PhD.

Last modification: 10.11.2022

Supervisor(s):

Guarantor:

Administrátor Systému

Person responsible for the delivery, development and quality of the study programme:

prof. PhDr. Ivo Čermák, CSc.