

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Health	
<b>Course code:</b> KOSE/54O1046W/22	<b>Course title:</b> Gerontological Nursing
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> 2 / 1 <b>hours per semester:</b> 24 / 12 <b>Teaching method:</b> on-site	
<b>Credits:</b> 4	<b>Working load:</b> 100 hours
<b>Recommended semester/trimester:</b> 5.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> a) final evaluation: Oral examination (0 – 100 %) Active participation in exercises, problem-based teaching, work with clinical case reports. The final evaluation corresponds to the classification scale. Credits will be awarded a student who has obtained from the subject for the fulfillment of the specified conditions at least 60 out of 100%.	
<b>Learning outcomes of the course:</b> Learning outcomes: <ul style="list-style-type: none"> <li>• Knowledge: knows professional terminology in gerontological nursing, has knowledge of assessment, diagnosis, planning, provision and evaluation of nursing care for seniors and their family members. He has knowledge of the management of nursing care provided to patients with individual diagnoses. can characterize and integrate nursing theories with scientific knowledge from other fields, necessary for the provision of health services to the public within the framework of primary, secondary, tertiary and quaternary prevention, as well as care during illness, rehabilitation, and follow-up care.</li> <li>• Skills: can apply the nursing process in its individual steps to elderly people. He knows how to use the acquired knowledge in the care of individuals, the community, and the family within the framework of primary, secondary and tertiary prevention, as well as in care during illness, rehabilitation, and follow-up care.</li> <li>• Competencies: able to independently provide nursing care using the nursing process method, monitor the nursing problems of a geriatric patient, actively and effectively integrate into the medical team. Apply professional knowledge to the planning, provision and evaluation of nursing care for seniors and their families.</li> </ul>	
<b>Course contents:</b> Basic terms in gerontological nursing. History of gerontological nursing, professional and non-professional care for the elderly. Prevention in nursing care for the elderly. Management of nursing care for the elderly. Peculiarities of nursing care in the senior's home environment. Nursing care for the elderly in social services facilities. The role of the nurse in the education of seniors. Specifics of satisfaction the needs of seniors. Nursing care for a geriatric patient, nursing care plan.	

Nursing care plan for a senior with geriatric syndromes. Nursing care plan for a senior with a disease of the cardiovascular system. Nursing care plan for a senior with a disease of the respiratory system. Nursing care plan for a senior with a disease of the digestive system. Nursing care plan for a senior with kidney and urinary tract disease. Nursing care plan for a senior with a neurological disease. Nursing care plan for a senior with musculoskeletal disorders, rheumatic diseases. Nursing care plan for a senior with a psychiatric illness. Nursing care plan for a senior with metabolic and endocrine diseases. Nursing care plan for a senior with an infectious disease. Nursing care plan for a senior with skin disease. Nursing care plan for a senior with sensory organ disease. Nursing care plan for a senior with cancer. Nursing care plan for a senior in the terminal stage of the disease.

**Recommended or required literature:**

1. HEGYI, L a kol. 2012. Sociálna gerontológia. Bratislava: Herba, 2012. 176 s. ISBN 978-80-89171-99-6.
2. HEGYI, L., KRAJČÍK, Š. 2010. Geriatria. Bratislava: Herba, 2010. 601 s. ISBN 978-80-89171-73-6
3. KAMANOVÁ, I. 2013. Človek vo vyššom veku v podmienkach Slovenskej republiky. Kraków: Salwator, 2013. 207 s. ISBN 978-83-7580-347-1.
4. KLEVETOVÁ, D. 2017. Motivační prvky při práci se seniormi. Praha: Grada, 2017. 224 s. ISBN 978-80-271-0102-3.
5. KUCKIR, M., VAŇKOVÁ, H. 2016. Vybrané oblasti a nástroje funkčního geriatrického hodnocení. Praha: Grada, 2016. 96 s. ISBN 978-80-271-0054-5.
6. MALÍKOVÁ, E. 2020. Péče o seniory v pobytových zařízeních sociálních služeb. Praha: Grada. 2020, 304 s. ISBN 978-80-271-2030-7.
7. POKORNÁ, A. 2010. Komunikace se seniormi. Praha: Grada, 2010. 160 s. ISBN 978-80-247-3271-8.
8. POKORNÁ, A. 2013. Ošetrovatelství v geriatrii. Praha: Grada, 2013. 193 s. ISBN 978-80-247-4316-5.
9. POLEDNÍKOVÁ, L. A kol. 2013. Ošetrovateľský proces v geriatrickom ošetrovatelstve. Martin: Osveta. 2013, 223 s. ISBN 978-80-8063-410-0.
10. ZRUBÁKOVÁ, K., KRAJČÍK, Š. a kol. 2016. Farmakoterapie v geriatrii. Praha: Grada, 2016. 224 s. ISBN 978-80-247-5229-7.
11. ZRUBÁKOVÁ, K., BARTOŠOVIČ, I. a kol. 2019. Nefarmakologická léčba v geriatrii. Praha: Grada. 2019. ISBN 978-80-271-2207-3.

**Language of instruction:**

Slovak language

**Notes:**

The course is taught only in the winter semester and it is evaluated only in the relevant examination period of the winter semester of the academic year.

**Course evaluation:**

Assessed students in total: 106

A	B	C	D	E	FX
19.81	23.58	40.57	12.26	2.83	0.94

**Name of lecturer(s):** PhDr. Katarína Zrubáková, PhD.

**Last modification:** 24.02.2023

**Supervisor(s):**

Person responsible for the delivery, development and quality of the study programme:  
prof. PhDr. Mgr. Helena Kadučáková, PhD.